

As a school, we host the **Darwen Primary schools Cross Country Event**. This event allows us to **celebrate the outdoor environment** that we have here at St Peters and the surrounding areas.

This event allows us to make links with other local primary schools.

Impact:

By the time children leave St Peter's, they are motivated and skilled to participate in a variety of physical and sporting activities through quality teaching that is engaging and fun. From our lessons they acquire the skills needed to extend their interests and involvements in sports and learn to take responsibility for their own healthy lifestyles and fitness. Many of our children also enjoy the success of competitive sports. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge that they have acquired through PE.



We feel that PE is an important element of the curriculum as it develops team work, promotes a healthier lifestyle and allows children to develop their talents that they have beyond the classroom walls.

PHYSICAL EDUCATION



What does Physical Education look like at St Peters Primary School?

- Every child participates in 2 physical Education lessons a week.
- In these lessons children are taught about the effects that exercise has on the body.
- Specific coaches work with different classes throughout the year, teaching a range of different fundamental skills and a range of specific sporting skills, which maybe be needed to compete in a sporting competition or festival.
- Every year, weather permitting all children participate in a Key Stage Sports Day. The emphasis on this is enjoyment and participation with elements of competitiveness too.
- As a school we have strong links with Blackburn Rovers Community Trust and the local School Games Teams and use this link to allow our children to take part in a variety of inter-school competitions and festivals within our borough of Blackburn with Darwen.
- We have achieved the **Silver Mark** and are looking to achieve the *Gold Mark* this year by introducing intra-school competitions.

What extra-curricular PE opportunities do we offer at St Peters Primary?

Football—Boys & Girls
Netball/High 5's
Gymnastics
Multi-skills
Cross Country
Yoga
Cricket
Rounders
Dodgeball
Tag Rugby
Athletics
Dance
Orienteering

What our pupils say about PE:

"I like all the different sports that we do in school."

"I get excited when we do PE!"

"Sowing the seeds of tomorrow."

Matthew 13:1-23