



## Key Assessment Criteria: Being a Sports Person: Key Stage 1

A Year 1 Sports Person	A Year 2 Sports Person
<p><b><u>Games</u></b></p> <ul style="list-style-type: none"><li>• I can throw underarm</li><li>• I can hit a ball with a bat</li><li>• I can move and stop safely</li><li>• I can throw and catch with both hands</li><li>• I can throw and kick in different ways</li></ul> <p><b><u>Gymnastics</u></b></p> <ul style="list-style-type: none"><li>• I can make my body curled, tense, stretched and relaxed</li><li>• I can control my body when travelling and balancing</li><li>• I can copy sequences and repeat them</li><li>• I can roll, curl, travel and balance in different ways.</li></ul> <p><b><u>Dance</u></b></p> <ul style="list-style-type: none"><li>• I can move to music</li><li>• I can copy dance moves</li><li>• I can perform my own dance moves</li><li>• I can make up a short dance</li><li>• I can move safely in space</li></ul> <p><b><u>General</u></b></p> <ul style="list-style-type: none"><li>• I can copy actions</li><li>• I can repeat actions and skills</li><li>• I can move with control and care</li><li>• I can use equipment safely</li></ul>	<p><b><u>Games</u></b></p> <ul style="list-style-type: none"><li>· I can use hitting, kicking and rolling in a game</li><li>· I can decide the best space to be in during a game</li><li>· I can use one tactic in a game</li><li>· I can follow Rules</li></ul> <p><b><u>Gymnastics</u></b></p> <ul style="list-style-type: none"><li>· I can plan and perform a sequence of movements</li><li>· I can improve my sequenced based on feedback</li><li>· I can think of more than one way to create a sequence which follows 'rules'</li><li>· I can work on my own and with a partner</li></ul> <p><b><u>Dance</u></b></p> <ul style="list-style-type: none"><li>· I can change rhythm, speed, level and direction in my dance</li><li>· I can dance with control and co ordination</li><li>· I can make a sequence by linking sections together</li><li>· I can use dance to show a mood or feeling</li></ul> <p><b><u>General</u></b></p> <p>I can copy and remember actions</p> <p>I can talk about what is different from what I did and what someone else did</p>

